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**IMPORTANT DAYS****National Nutrition Week: 1st to 7th September, 2024**

- **National Nutrition Week** is observed annually in India from **1st to 7th September** to highlight the importance of proper nutrition and its impact on a healthy lifestyle.
- National Nutrition Week was first initiated in **March 1973** by the American Dietetic Association (now the **Academy of Nutrition and Dietetics**) to promote nutrition education and the profession of dietitians.

**World Coconut Day: September 2, 2024**

- Celebrated annually on **September 2**, **World Coconut Day** aims to highlight the benefits of coconuts and promote awareness about their importance.
- Major coconut-producing states in India include **Tamil Nadu, Karnataka, Kerala, West Bengal, and Andhra Pradesh**.
  - **Asian and Pacific Coconut Community (APCC)**, established in **1969** and headquartered in Jakarta, Indonesia, supports the growth, production, sale, and export of coconuts in Asian countries.
  - In **2009**, APCC initiated World Coconut Day to recognise and celebrate the fruit's significance.

**Skyscraper Day 2024: September 3**

- **Date and Significance:**
  - **Skyscraper Day** is celebrated on **September 3** every year.
  - The day marks the **birth anniversary of Louis H. Sullivan**, known as the '**father of modern skyscrapers**'.
  - The world's **first skyscraper** was the **Home Insurance Building** in **Chicago**, completed in **1885**.

**National Teachers Day 2024: September 5**

- In India, every year **5th of September** is celebrated as **National Teachers Day** to contribute to our teachers.
- The theme for Teacher's Day 2024 is "**Empowering Educators for a Sustainable Future**,"
- Fifth September is the **birth anniversary of Dr. Sarevepalli Radhakrishnan**, the former president of India who was a well-known Teacher, Scholar, and Philosopher.
- Since **1962 every year 5th of September** is celebrated as National Teachers Day in India.

**International Day Of Charity 2024: September 5**

- **International Day of Charity** is observed on **September 5th** to promote and encourage charitable activities around the globe.

- In **2012**, the **United Nations General Assembly** declared the **International Day of Charity** was observed on the **5th of September**.
- They declared **September 5** as an **International Day of Charity** in order to remember the **death anniversary of Mother Theresa** who was awarded the **Nobel Prize for Peace** in **1979**.

**International Vulture Awareness Day (IVAD) 2024:**

- **International Vulture Awareness Day (IVAD)** is observed annually on the **first Saturday of September** to spotlight the world's most endangered group of birds—vultures.
- Initiated in **South Africa and the United Kingdom**, IVAD has been commemorated since **September 2009**.
- Vultures, often misunderstood due to their association with death, play a crucial role in maintaining **ecological balance**.

**International Day of Police Cooperation: September 7**

- On **September 7**, the world observes the **International Day of Police Cooperation**, honouring the critical role law enforcement plays in **global security**.
- The date aligns with the **centenary of INTERPOL** (International Criminal Police Organization). INTERPOL, originally known as the **International Criminal Police Commission (ICPC)**, was founded on **September 7, 1923**.
- The **United Nations General Assembly** officially designated this observance on **December 16, 2022**, and the first celebration took place in **2023**, coinciding with INTERPOL's **100th anniversary**.

**World Duchenne Muscular Dystrophy Day: 7th September**

- Every year on **7th September**, the world observes **World Duchenne Muscular Dystrophy Day** to raise awareness about **Duchenne muscular dystrophy (DMD)**, a rare degenerative disease that progressively weakens muscles, eventually impacting the entire body.
- **Duchenne Muscular Dystrophy (DMD)** is a genetic disorder caused by a mutation on the **X-chromosome**, affecting **1 in 5,000 boys**.
- **Theme for 2023: "Duchenne: Breaking Barriers"**

**World Physical Therapy Day 2024: September 8**

- Every year **8th of September** is observed as **World Physical Therapy Day**.

- The theme for World Physical Therapy Day 2024 is "Low back pain (LBP) and the role of physiotherapy in its management and prevention."
- In India, physiotherapy was first started in the year of 1952.
- The first physiotherapy centre was started in Mumbai with the support of the Government and the support of the World Health Organisation(WHO).

#### **World Literacy Day 2024: September 8**

- Since 1967, World Literacy Day or International Literacy Day is observed each year on the 8th of September.
- The theme for International Literacy Day 2024 is 'Promoting multilingual education: Literacy for mutual understanding and peace.'
- This day was declared by The United Nations Educational, Scientific, and Cultural Organisation or UNESCO on 26th October 1966.

#### **World Suicide Prevention Day: 10 September**

- **World Suicide Prevention Day (WSPD)**: Observed annually on **September 10** since 2003, WSPD was established by the **International Association for Suicide Prevention (IASP)** in collaboration with the **World Health Organization (WHO)**.
- To focus global attention on the issue of suicide, reduce stigma, and raise awareness among organizations, governments, and the public about suicide prevention.

#### **National Forest Martyrs Day 2024: September 11**

- **National Forest Martyrs Day** is observed annually on **September 11th**.
- The day honours individuals who sacrificed their lives in the protection of India's forests and wildlife.
- It aims to raise awareness about forest conservation and recognize the efforts of forest guards, rangers, and officers.

#### **Hindi Diwas 2024: September 14**

- Every year of **14th September** is celebrated as a Hindi Diwas or Hindi day.
- After India got its independence, in the year of **1949** there were a lot of discussions to make Hindi the official language of India.
- In the year of **1953**, the first Hindi Diwas was celebrated.

#### **Engineers Day in India 2024: September 15**

- Every year **15th September** is celebrated as **National Engineers Day** in India.

- National Engineers Day is celebrated on 15th September in India, in order to pay tribute to our Indian engineer and Bharat Ratna Sir Mokshagundam Viswesvaraya on his birthday.
- In the year of 1968, the Government of India announced that Sir M. Visvesvaraya's birth anniversary was celebrated as Engineers Day in India.

#### **International Day of Democracy 2024: September 15**

- The International Day of Democracy is observed every year on the 15th of September.
- The first International Day of Democracy was observed in the year of 2008.
- The first International Conference on Democracy was held by the UN.

#### **World Ozone Day 2024: September 16**

- Every year World Ozone Day is observed on 16 September.
- The theme for this year is "Montreal Protocol: Advancing Climate Actions".
- In 1994, the United Nations General Assembly decided to organize World Ozone Day on the 16th of September.

#### **World Patient Safety Day 2024: September 17**

- Every year September 17 is observed as World Patient Safety Day.
- The World Patient Safety Day Theme in 2024 is "Improving diagnosis for patient safety", to recognize the crucial role patients, families, and caregivers play in health care safety.
- Though this day was established in 2019, this day was first observed in the year 2021.

#### **World Bamboo Day 2024: September 18**

- Every year 18th of September is celebrated as World Bamboo Day.
- the World Bamboo Organization recognized World Bamboo Day in the year of 2009.
- World Bamboo Day was founded by Kamesh Salam, the former president of the World Bamboo Organization.
- The World Bamboo Organization Headquarters was located in Antwerp, Belgium.
- The 8th World Bamboo Congress was held in Bangkok on 18 September 2009.

#### **World Alzheimers Day 2024: September 21**

- Every year World Alzheimers Day is observed on 21st September.
- The theme for World Alzheimer's Day 2024 is "Time to act on dementia, Time to act on Alzheimer's."
- Alzheimer's disease was first diagnosed in an old German lady in 1901 by Alois Alzheimer, a German Psychiatrist. This illness was named after the German Psychiatrist.

**International Day of Peace 2024: September 21**

- **International Day of Peace** is celebrated on **21st September** of every year.
- The International Day of Peace 2024 Theme is “**Cultivating a Culture of Peace**”.
- The **United Nations General Assembly** declared the International Day of Peace to strengthen the ideas of peace.

**World Rose Day: September 22**

- **World Rose Day** is observed every year on **September 22**, dedicated to honouring and supporting cancer patients globally.
- This day serves as a reminder of the courage and bravery shown by those battling cancer and their caregivers.

**International Day of Sign Languages: September 23**

- The **International Day of Sign Languages** is celebrated annually on **September 23** to promote awareness of sign languages and the rights of deaf individuals.
- This year’s theme is “**Sign up for Sign Language Rights.**”
- The first celebration took place in **2018**, marking a significant step towards recognizing the linguistic rights of deaf people.
- **September 23** was chosen because it commemorates the founding of the **World Federation of the Deaf (WFD)** in 1951.

**World Rivers Day 2024: September 22**

- **World Rivers Day** is celebrated on the fourth Sunday of **September** of every year.
- This year **World Rivers Day** falls on the **22nd of September**.
- **Theme: ‘Waterways of Life’** ; The theme for **World Rivers Day 2024** is ‘**Waterways of Life,**’ emphasising the essential role rivers play in ecosystems, wildlife, agriculture, and communities.
- This year’s theme highlights the crucial role rivers play in supporting ecosystems, wildlife, agriculture, and communities.
- The **first World Rivers Day** was celebrated in 2005, marking a significant global event.

**World Pharmacists Day 2024: September 25**

- Every year we observe **25th September** as **World Pharmacists Day**.
- This year, the theme of **World Pharmacy Day** is “**Pharmacists: Meeting Global Health Needs**”.
- In **2009**, at Turkey’s **Istanbul**, The **International Pharmaceutical Federation Council** announced that **World Pharmacists Day** would be celebrated on **25th September**.
- In the year of **1912**, the **International Pharmaceutical Federation** was established on **September 25**.

**Antyodaya Diwas 2024: September 25**

- The Antyodaya Diwas is observed every year on 25th September in India.
- The theme of 2024 is “Empowering the Last Person.”
- This day is celebrated on September 25 to mark the birth anniversary of Pandit Deendayal Upadhyaya.
- Pandit Deendayal Upadhyaya was born on 25th September 1916 in Mathura.

**World Contraception Day 2024: September 26**

- The World Contraception Day is observed on 26th September of every year.
- This day is observed to spread awareness about the available contraceptive methods.
- This year, 2024, the theme of World Contraception Day is "A choice for all. Freedom to plan, power to choose."
- The ten international family planning organizations observed World Contraception Day on 26 September 2007 to raise awareness about contraception.

**World Environmental Health Day 2024: September 26**

- World Environmental Health Day is observed on the 26th of September of every year.
- This day is observed in order to spread awareness about environmental health worldwide.
- World Environmental Health Day was established by the International Federation of Environmental Health (IFEH) on 26th September 2011.

**International Day for the Total Elimination of Nuclear Weapons: September 26**

- The International Day for the Total Elimination of Nuclear Weapons is celebrated on September 26th every year to raise awareness about the threat of nuclear weapons and to promote their elimination.
- **Purpose:** To raise awareness about the threat posed by nuclear weapons and promote their elimination.
- **Established:** Declared by the UN General Assembly (UNGA) in 2013.

**World Maritime Day 2024: September 26, 2024**

- World Maritime Day, observed annually on the last Thursday of September, This year, the World Maritime Day is taking place on September 26
- **Recognize and honour** the contributions of those in the maritime industry, including seafarers, marine officials, and service agents.
- **Theme for 2024** “Navigating the Future: Safety First!”

**World Tourism Day 2024: September 27**

- **World Tourism Day** is celebrated annually on **27th September**. For **2024**, the host country is **Tbilisi, Georgia**, and the theme is **"Tourism and Peace"**.
- **First Observance:** World Tourism Day was first celebrated as an international observance on **27th September 1980** by the **United Nations World Tourism Organization (UNWTO)**.
- **World Tourism Day Symbolism** : The colour associated with World Tourism Day is **blue**, symbolizing peace, the sea, and the sky, which are closely linked with travel and tourism.

#### **World Rabies Day 2024: September 28**

- **World Rabies Day** is celebrated on **28th September** of every year.
- This year's World Rabies Day theme is: **"Breaking Rabies Boundaries"**
- The **Global Alliance for Rabies Control (GARC)** established World Rabies Day in **2007**.
- This day was recognized by the **World Health Organization (WHO)**.

#### **World Heart Day 2024: September 29**

- Every year **World Heart Day** is celebrated on **29th September**.
- The heart is the primary organ of the circulatory system. It is located between the lungs, in the middle compartment of the chest.
- The World Heart Federation (WHF) has announced a powerful **theme for the years 2024 to 2026: "Use Heart for Action."**
- In **1999**, The World Heart Federation (WFH) along with the World Health Organization (WHO) established World Heart Day.
- The **first celebration** of this day took place on **24th September 2000**.

#### **International Translation Day 2024: September 30**

- **International Translation Day** is celebrated on **30th September** of every year.
- The theme for International Translation Day (ITD) in 2024 is **"Translation, an art worth protecting"**.
- On **24 May 2017**, the General Assembly approved resolution **71/288** and declared **September 30** as International Translation Day in order to identify the role of Translators in interconnecting nations.
- The celebration has been promoted by the **International Federation of Translators (FIT)** which was started in the year of **1953**.