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IMPORTANT DAYS

Zero Discrimination Day 2025 – March 1

• Observed annually on March 1, Zero Discrimination Day promotes equality, dignity, and inclusion for all individuals.

• Initiated by **UNAIDS in 2014**, the day addresses stigma and discrimination, particularly against marginalized communities.**2025 Theme: "We Stand Together"**

• The initiative was launched by UNAIDS Executive Director Michel Sidibé on February 27, 2014, in Beijing. It was later recognized by the United Nations (UN) and its member states to challenge discriminatory laws and practices.

World Civil Defence Day: 1st March

- World Civil Defence Day 2025 is celebrated every year on March 1st, 2025.
- It is a day to celebrate the importance of civil defense and commemorate the people who have sacrificed their lives for it.

• The World Civil Defence Day 2025 Theme is **"Civil Defence, guarantee of security for the population".**

• In 1958, the International Association of Geneva Zones became the International Civil **Defense Organization (ICDO)** and was given a new status as a non-governmental organization with objectives such as establishing a liaison between national civil defense organizations.

• March 1 was established as World Civil Defense Day.

World Seagrass Day – March 1

• World Seagrass Day is observed annually on March 1 to highlight the ecological importance of seagrass and promote conservation efforts.

• **Seagrass plays a crucial role** in maintaining marine biodiversity, stabilizing coastlines, and acting as a **major carbon sink**.

• The **United Nations General Assembly (UNGA)** officially declared this day on **May 22, 2022**, following a **resolution proposed by Sri Lanka** to emphasize the urgent need for seagrass conservation.

World Hearing Day: 3rd March

• World Hearing Day is announced to be celebrated on March 3rd, 2025.

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• This year 2025, World Hearing Day theme is "Changing mindsets: Empower yourself to make ear and hearing care a reality for all!"

The World Health Organisation (WHO) created a holiday to raise awareness to avoid deafness in 2007 and the holiday was renamed from International Ear Care Day to World Hearing Day in 2016.

World Wildlife Day: 3rd March

- World Wildlife Day 2025 is celebrated on March 3rd, 2025.
- World Wildlife Day 2025 theme is "Wildlife Conservation Finance: Investing in People and Planet".
- Thailand proposed **World Wildlife Day in the General Assembly of the UN on December 20,** 2013, to create awareness among people about the world's wild animals and plants.
- The United Nations General Assembly (UNGA) declared March 3, at its 68th session, the day of the adoption of the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES).

National Safety Day: 4th March

- National Safety Day 2025 is celebrated on March 4th, 2025.
- The National Safety Day 2025 Theme is "Safety & Well-being Crucial for Viksit Bharat"
- On March 4, 1966, the National Safety Council of India (NSC) was registered by the Ministry of Labour and Employment.

• The foundation day of the National Safety Council was decided to be observed as National Safety Day in 1972.

International Disarmament and Non-Proliferation Awareness Day: March 5

• Every year on March 5, the world observes International Disarmament and Non-Proliferation

Awareness Day to promote global awareness and understanding of disarmament issues, particularly among the youth.

- **2021:** Resolution proposal introduced at the **UNGA** to establish the observance.
- **December 7, 2022:** UNGA **officially declared March 5** as International Disarmament and Non-Proliferation Awareness Day.
- March 5, 2023: First-ever observance of this global initiative.

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- March 6th is observed as National Dentist's Day in India and worldwide.
- This day highlights the importance of oral health, encourages better dental care habits, and acknowledges the dedication of dentists in maintaining healthy smiles.
- Hesy-Ra (2600 BC) An Egyptian dentist and Chief of Dentists for Pharaoh Djooser, marking one of the earliest known organized dental practices.
- **1530:** The first book dedicated to dentistry, *"The Little Medicinal Book for All Kinds of Diseases and Infirmities of the Teeth" (Artzney Buchlein)*, was published in **Germany**.

• **1840:** The University of Maryland School of Dentistry, the first-ever dental school, was founded by Dr. Horace H. Hayden and Dr. Chapin A. Harris, establishing dentistry as a recognized medical profession.

International Women's Day: 8th March

- International Women's Day 2025 is celebrated on 8th March 2025.
- In 1869, Susan B. Anthony and Elizabeth Cady Stanton started the National Women's Suffrage Association to fight for women's rights
- Clara Zetkin proposes a Women's Day celebration, and International Women's Day is

celebrated annually from this point forth, which is a day for Women in 1911...

CISF Raising Day: March 10

- CISF Raising Day 2025 is observed on March 10th, 2025.
- **CISF was formed on March 10, 1969**, under the CISF Act of the Parliament of India.

• It started with as many as 2,800 personnel for the better protection and security of industrial undertakings in the country.

International Day of Women Judges Day – March 10

- The **International Day of Women Judges**, observed annually on **March 10**, highlights the vital role of women in the judiciary.
- It promotes fairness, representation, and inclusivity in legal systems while encouraging more women to pursue judicial careers.
- Declared by UNGA through Resolution 75/274 on April 28, 2021.
- Inspired by the UNODC Conference in Doha (Feb 24-27, 2020).
- First observed on March 10, 2022.

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India Observes 54th National Safety Week from March 4-10, 2025

- India is marking the **54th National Safety Week** from **March 4 to March 10, 2025**, with a focus on promoting **workplace safety, accident prevention, and employee well-being**.
- The event is spearheaded by the **National Safety Council (NSC) of India**, which has been leading safety awareness initiatives for over **five decades**.
- This year's theme, **'Safety & Well-being Crucial for Viksit Bharat'**, highlights the importance of safety standards in building a developed and progressive India.

Key Highlights of National Safety Week 2025

- **Observance Period:** March 4 March 10, 2025
- National Safety Day: March 4, 2025 (marks the beginning of the campaign)
- Theme: 'Safety & Well-being Crucial for Viksit Bharat'

National No Smoking Day: 12th March

- National No Smoking Day 2025 is observed on 12th March 2025 (the Second Wednesday of March)
- The **first National No Smoking Day was in 1984**, and it now takes place on the second Wednesday of March to encourage people all over the world to quit smoking.
- According to the researchers, this effort has proven very effective, and was observed that at least one in ten people gave up smoking on National No Smoking Day.

International Day of Action of Rivers 2025: March 14

• International Day Of Action For Rivers is celebrated on 14th March 2025.

• The International Day of Action Against Dams and For Rivers, Water and Life was adopted by the participants of the First International Meeting of People Affected by Dams in March 1997 in Curitiba, Brazil, according to internationalrivers.org. River experts from 20 countries decided that March 14 will be the 'Day of Action for Rivers'.

World Sleep Day 2025: March 14

- World Sleep Day 2025 is observed on the 14th March 2025.
- The World Sleep Day theme 2025 is "Make Sleep Health a Priority".

• World Sleep Day was founded by the World Sleep Day Committee of the World Sleep Day Society in 2008.

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- It is celebrated annually on the Friday before the northern hemisphere vernal equinox.
- World Sleep Day is observed annually on the Friday before the March Equinox.
- The first World Sleep Day was held on 14 March 2008.

World Sleep Day 2025: March 14

- On 14th March 2025, World Sleep Day 2025 is observed all over the world.
- **Purpose of the day :** World Sleep Day is an annual event, intended to be a celebration of sleep and a call to action on important issues related to sleep, including medicine, education, social aspects, and driving.
- It is organized by the World Sleep Day Committee of the World Sleep Society and aims to lessen the burden of sleep problems on society through better prevention and management of sleep disorders.
- The World Sleep Day theme 2025 is "Make Sleep Health a Priority".

World Consumer Rights Day 2025: March 15

- World Consumer Rights Day is celebrated on 15th March 2025.
- World Consumer Rights Day was inspired by President John F Kennedy, who sent a special message to the US Congress on 15th March 1962, in which he formally addressed the issue of consumer rights.
- He was the first world leader to do so.
- The consumer movement first marked that date in 1983 and now uses the day every year to mobilize action on important issues and campaigns

National Vaccination Day – March 16, 2025

- National Vaccination Day, also known as National Immunisation Day, is observed annually on March 16 to highlight the importance of vaccination in public health.
- First observed in 1995, marking the administration of India's first Oral Polio Vaccine (OPV).
- The day commemorates the success of the **Pulse Polio Campaign**, launched by the **Government of India** to eradicate polio.
- Under this program, two drops of the oral polio vaccine were given to children aged 0 to 5 years.
- Due to sustained immunization efforts, India was declared polio-free in 2014 by the World Health Organization (WHO).

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Ordnance Factories Day 2025: March 18

- Ordnance Factories Day 2025 is observed on the 18th March 2025.
- It is a national event celebrated annually on the 18th of March every year all over India.
- **Purpose :** To commemorate the foundation of the first Ordnance Factory in colonial India at Cossipore near Kolkata in 1801.
- The East India Company of England, to increase their economic interest and political hold, considered manufacturing military hardware as a vital element.
- The British authorities in **1775 established a Board of Ordnance** in Fort William, Kolkata, which marks the official beginning of the Army Ordnance in India.
- They further set up a gunpowder factory in 1787 at Ishapore, which started production in 1791.
- In **1801, the British established a Gun Carriage Agency** at Cossipore, Kolkata and production started on March 18, 1802.

International Day of Happiness 2025: March 20

- The International Day of Happiness 2025 is celebrated all over the world on March 20th.
- It is an international event observed annually all over the globe on 20th March every year.
- International Day of Happiness 2025 aims to celebrate happiness all over the world, inspiring people to spread positivity, whether big or small, with others and encouraging each nation to prioritize the happiness of its citizens.
- The General Assembly of the United Nations agreed with the proposal and officially **founded the International Day of Happiness in July 2012**, with the occasion **first being observed in 2013**.

World Oral Health Day 2025: March 20

- Every year **World Oral Health Day** is observed globally and it is an annual event celebrated on **March 20th every year**.
- Purpose : It focuses on highlighting the benefits of good oral health, spreads awareness about oral diseases, and promotes the maintenance of oral hygiene
- This year, World Dental Federation (FDI) unveiled the three-year theme (2025 2026), "A Happy Mouth is... A Happy Mind."
- WOHD was first declared and originally celebrated on September 12, 2007, however, the campaign came into action in 2013.
- The day March 20 is marked to celebrate the event to avoid conflicts with FDI World Dental Congress that took place in September.

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World Sparrow Day 2025: March 20

- World Sparrow Day, observed annually on March 20.
- **Purpose :** World Sparrow Day is a day designated to raise awareness of the House Sparrow and other common birds in urban environments.
- It is an international initiative by the Nature Forever Society of India in collaboration with the Eco-Sys Action Foundation(France) and numerous other national and international organizations across the world.
- World Sparrow Day was first observed in 2010, marking the beginning of a campaign to save these chirpy little birds. Started by the Nature Forever Society, it has now come to be celebrated by conservationists from far and wide.
- The Nature Forever Society was founded by an Indian conservationist Mohammad Dilawar who started his work helping house sparrows in Nashik.
- For his efforts, he was named 'Heroes of Environment' for 2008 by Time Magazine.

World Forestry Day: March 21

- On 21st March 2025, World Forest Day 2025 is celebrated all over the world.
- Purpose: It is an international event observed all over the world annually on March 21st every year to ring a bell among society about the importance of forests and the scores of benefits that are gained from them.
- The theme for World Forestry Day 2025 is 'Forests and Food'.
- Previously, the 16th session of the Conference of the Food and Agriculture Organization (FAO) voted to "World Forestry Day" in 1971.
- Then, from 2007 to 2012, the Center for International Forestry Research (CIFOR) held six Forest Days.
- Partnering with Collaborative Partnership on Forest, 2011 was declared as the Year of Forests.
- On November 28, 2012, The United Nations General Assembly declared that March 21 shall be celebrated as World Forest Day.

World Down Syndrome Day: March 21

- World Down Syndrome Day 2025 is observed all over the world on March 21st, 2025.
- It is a global event celebrated all over the world annually on March 21st every year.

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- Purpose : The 21st day of March was selected to signify the uniqueness of the triplication of the 21st chromosome which causes Down syndrome.
- The United Nations (UN) yearly sets the theme for commemoration of World Down Syndrome Day, Theme of WDSD 2025 is "Improve Our Support Systems".
- In 2005, the UN's general assembly decided that in fulfilling the UN's Sustainable Development Goal no one should be left behind and the persons with disabilities must also come forward to help the UN in its targets of Agenda 2030.

World Poetry Day: March 21

- On 21st March 2025, the World Poetry Day 2025 is observed all over the world.
- It is a global event celebrated on March 21st every year all over the world in order to honor the poets to continue to instill the tradition in newer generations.
- The earliest poetry is believed to have surfaced with the "Epic of Gilgamesh" sometime during 2000 B.C., but it is likely that poetry existed even before the spread of literacy.
- In the 14th Century, Sonnets were Created and Francesco Petrarca's writings are some of the most famous early 'sonnets.'
- The day was proposed and adopted by UNESCO in 1999, on the occasion of its 30th General Conference held in Paris to "give fresh recognition and impetus to national, regional and international poetry movements."
- On March 21st,2000 the first World Poetry day was celebrated

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World Water Day 2025: March 22

- World Water Day 2025 is celebrated all over the world on March 22nd, 2025.
- It is an international event observed annually on March 22nd every year all over the world highlighting the importance of freshwater.
- The day is used to advocate for the sustainable management of freshwater resources.
- "Glacier Preservation" is the theme of World Water Day 2025, proposed by IGRAC.
- The idea for this international day goes back to 1992, the year in which the United Nations Conference on Environment and Development in Rio de Janeiro took place.
- That same year, the United Nations General Assembly adopted a resolution by which 22 March of each year was declared **World Day for Water, to be observed starting in 1993.**

World Meteorological Day 2025: March 23

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- World Meteorological Day is celebrated on March 23 every year all over the world and it is an annual event.
- Purpose : The day is celebrated as the establishment of the World Meteorological Organization (WMO), and it concentrates on the behavior of Earth's atmosphere.
- This year World Meteorological Day is celebrated keeping the theme of "Closing the Early Warning Gap Together."
- On March 23rd, 1961, The first World Meteorological Day was observed, on the anniversary of the organization's creation.

World Tuberculosis (TB) Day 2025: March 24

- World Tuberculosis Day, observed on 24 March each year all over the world, is designed to build public awareness about the global epidemic of tuberculosis and efforts to eliminate the disease.
- It is commemorated to raise public awareness about the devastating health, social and economic consequences of tuberculosis, and to step up efforts to end the global tuberculosis epidemic.
- The theme of World TB Day 2025 "Yes! We Can End TB: Commit, Invest, Deliver" conveys the urgent need to invest resources to ramp up the fight against TB and achieve the commitments to end TB made by global leaders.

International Day for the Right to the Truth (March 24)

- The International Day for the Right to the Truth Concerning Gross Human Rights Violations and for the Dignity of Victims is observed every year on March 24.
- Purpose : This day highlights the fundamental human right to the truth, particularly in cases involving gross human rights violations and breaches of humanitarian law.

International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade 2025: March 25

- On March 25th, International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade 2025 is celebrated all over the world.
- Purpose : It is an international event that is celebrated annually on March 25th every year is intended to inscribe the tragedy of the slave trade in the memory of all peoples.

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- International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade is a United Nations international observance designated in 2007 to be marked on 25 March every year.
- The day honors and remembers those who suffered and died as a consequence of the transatlantic slave trade, which has been called "the worst violation of human rights in history", in which over 400 years, more than 15 million men, women, and children were the victims.

International Day of the Unborn Child: March 25

- On March 25th, International Day of the Unborn Child 2025 is celebrated all over the world.
- It is an international event that is observed annually all over the world on March 25th each year.
- Purpose : It is the commemoration of unborn fetuses observed as a day of opposition to abortion.
- International Day of the Unborn Child was established by Pope John Paul II to coincide with the Feast of the Annunciation and is officially recognized in several predominantly Catholic countries.
- El Salvador was the first country to recognize a Day of the Right to Be Born, which was established in 1993.

Purple Day for Epilepsy 2025: March 26

- On March 26th of this current year Purple Day of Epilepsy 2025 is observed all over the world.
- The main objective of celebrating this day is to show empathy towards people suffering from epilepsy and to dispel myths prevalent in society regarding this condition.

What is Epilepsy?

- Epilepsy is a neurological disorder (a disease of the nervous system) in which abnormal electrical activity in the brain causes seizures.
- It is a chronic condition that can affect people of any age.

World Theatre Day 2025: March 27

- World Theatre Day 2025 is celebrated on 27th March worldwide, marking its 60th anniversary since its initiation in 1962 by the International Theatre Institute (ITI).
- This day highlights the importance of theatre arts in entertainment, education, and cultural impact.

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• Theme: While ITI does not officially designate a theme each year, the anticipated theme for 2025 is "Theatre and a Culture of Peace."

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